



American Bully Allergy Symptom Checklist

An 8-week tracking tool for owners

Use this log to track itching, paws, ears, skin changes, food, flea control, baths, and vet notes. Bring it to your veterinarian if symptoms keep returning or get worse.

Medical note: This tracker is for observation only. It does not diagnose allergies, infections, mites, autoimmune disease, or other skin problems. Severe symptoms need veterinary care.

Healthy ownership starts before a puppy goes home. Visit manmadekennels.com to learn more about our dogs and available puppies.

Dog & Owner Info

Dog name		Age	
Sex		Weight	
Current food		Main protein	
Treats / chews		Flea prevention	
Vet / clinic		Phone	
Known allergies		Start date	

Emergency / Vet-Now Signs

Call a veterinarian urgently if you see any of the following:

- Facial swelling or swelling around the eyes
- Trouble breathing
- Repeated vomiting
- Painful ears or constant head shaking
- Open sores or heavy discharge
- Severe lethargy
- Skin infection that spreads quickly

Weekly Symptom Log

Score itching from 0 to 10. 0 means no itching. 10 means constant itching or the dog cannot settle.

Week	Itch 0-10	Paw licking	Ear smell / discharge	Skin / coat notes	Food / treat changes	Baths / meds / vet notes
1						
2						
3						
4						
5						
6						
7						
8						

8-Week Elimination Diet Notes

Use this page only under your veterinarian's guidance, especially for puppies, pregnant dogs, dogs with medical issues, or dogs already taking prescription medication.

Rules that make the trial cleaner: feed only the trial diet, remove table scraps, flavored chews, random treats, and shared bowls, and tell everyone in the house what the dog can eat.

Trial diet name	
Protein source	
Carbohydrate source (if used)	
Treat allowed during trial	
Foods removed	
Start date	
Planned recheck date	
Vet instructions	

Daily Quick Check

Use this page for a fast daily snapshot during the elimination trial. Print four copies to cover the full 8 weeks.

Day	Food only?	Treats / scraps?	Paws wiped?	Ears checked?	Itch 0-10	Notes
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						

Print four copies of this daily page to cover 8 weeks.

Vet Handoff Questions

Bring this page to your appointment. Filling it out before you go saves time and helps your vet make better decisions faster.

When did the itching start?	
Is it seasonal or year-round?	
Which areas are affected (paws, ears, belly, face, rear)?	
Any past ear infections?	
Any skin odor?	
Any hair loss or scabs?	
What food is your dog eating now?	
What treats, chews, and supplements are in the routine?	
What flea prevention is used and when was the last dose?	
Does your dog live with other pets?	
Has your dog had antibiotics, steroids, Apoquel, or Cytopoint?	
What helped? What made it worse?	